

Pr 3-2



Wendy

9/8 - 9/11

School:

Student Name:

Teacher:

Directions: Color in the star after completing activities for each day.



Beginning of the Year Pre-Kindergarten Learning Choice Board

Week 1

Social/Emotional

Literacy

Math

Physical/Gross Motor

Fine Motor

Objective:
Regulates own emotions
behaviors

Monday
Play an emotions game with your child. You call an emotion and have to show you the emotion. Happy, sad, excited, etc.

Tuesday

Play Starfish and The Goal. The goal: To help you notice how much energy you are feeling inside. Make a picture of a thermometer. Draw the bottom and a top. Ask your child to be calm and peaceful or revved up like a tornado. When they are over-energized, try to feel more like a calm example by bouncing or running happily.

Beginning of the Year

Wednesday

Roleplay:

Roleplay is a great way to experiment with social behaviors, rules, and expectations. Children often enjoy acting out what they know but also experiment with scenarios that might include sharing and turn taking.

Play with
imitating &
creating s
and make

Thursday

Stories:

Reading has many social emotional benefits. Read a story and discuss the characters with them. Ask questions like; "Why did they get angry? What makes you angry?"

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Friday

Puppets:

Use puppets to act out social situations. If you don't have a puppet you can use dolls or make one with your child out of a sock. This will help your child be able to express themselves in a fun way.

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9/8 - 9/11

Nombre de estudiante:

Instrucciones: Llena la estrella despues de terminar las actividades del dia:

Lunes

Martes

Miercoles

Jueves

Viernes



T

Semana

socioeconómico

Intercambios

Matemáticas

Física y matemáticas

financiera

Objetivo
Regular la
comportamiento

Lunes

Juega con su hijo
con su hijo
emociones
para mostrar
Feliz, triste
enojado;

Martes

Juega con su hijo
El objetivo es
notar cuando
dentro.
Haz una lista
termostato
de mar e
tornado ;
Preguntas
tranquilo
estrella de
como un
científica



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