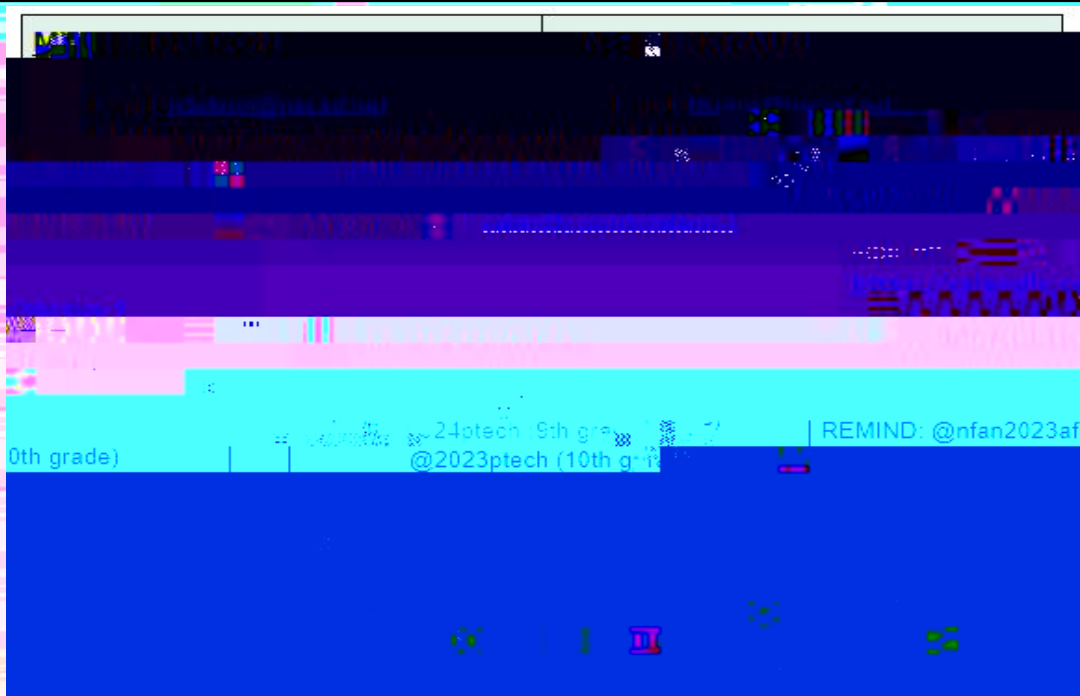


## 9th & 10th Grade High School Plan

This guide book is designed to assist students and their families to understand the timeline of the 9th and 10th grade year. There is college, career and financial aid information in the back of this guidebook as well.

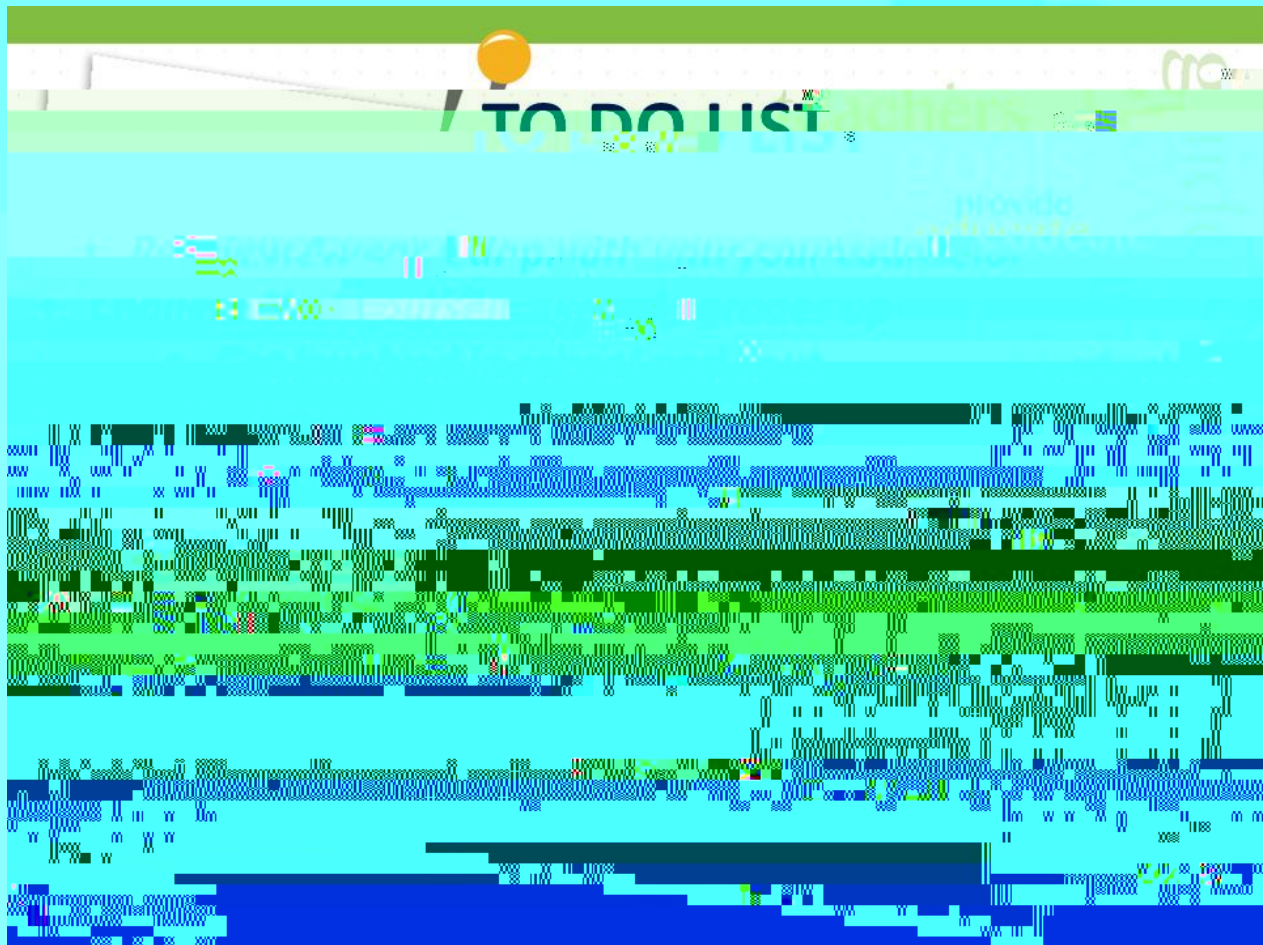
The tabs on the left allow you to click on that specific tab which brings you the assigned page. Click [here](#) for a short video on how to use this guidebook to help you!

As always, reach out to your Counselor for additional information or help.



← to  
cover

# Freshman Fall



Make sure you meet with your school counselor. You should schedule a meeting to talk about college and career options and to choose the most-appropriate classes.

**Click [here](#) to watch a welcome video from your North 9th grade Counselor, Mrs. Kraus.**

Make sure you know what is required

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Make a plan with your teachers to check in regularly about

← BACK to cover

Freshman Winter

# Freshman Winter

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Discuss next year's classes with your parent/guardian. Make sure you challenge yourself by taking the courses that college admission officers expect to see. Take the most challenging courses that **YOU** feel you can handle. A little challenge never hurt anyone!

## Rise UP to a challenge



Click [here](#) to review the NFA Course offerings and to learn about the courses available at both the North and Main Campus. **(Remember: This is updated yearly).**



Click [here](#) to watch a short video from Mrs. Kraus on how to use Charting Your Course.

**\*\*You will meet with your Counselor in the spring to go over your courses for next year. \*\***

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cover

Freshman  
Spring/Summer

# Freshman Spring/Summer







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Start to make summer plans. Summer is a great time to explore interests and learn new skills — and colleges look for students who pursue meaningful summer activities. Find out ways you can [stay motivated this summer](#).

**Get a part-time job**

**Work at a summer camp**

**Newburgh Summer Youth**

**Employment** (*Applications available in the Spring*)

**Volunteer**

Start working on a resume! A resume is used for teachers to write college recommendations. It is also used when you need to report all of the things you've done throughout high school.



Create a resume in Naviance. Click [here](#) to watch a “how to” video from Mrs. Kraus

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10th grade Fall

# 10th Grade Fall Plan

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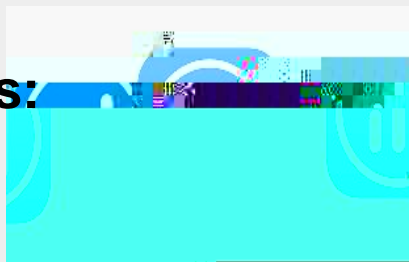
Make sure you meet with your school counselor. You should schedule a meeting to talk about college and career options and to make sure you are taking the most-appropriate classes. Learn more about [the high school counselor's role](#).

Click [here](#) for a welcome video from the NFA North Counseling staff.

Set goals for the school year. Working toward specific goals helps you stay motivated and focused. Check out these free apps:

**FREE goal setting apps (Iphone & Andriod users)**

Strides:





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Make a plan to check in regularly about schoolwork. If you keep up with your tests, papers, attendance and homework assignments, you can celebrate successes and head off problems early on. Get [homework tips](#) here.







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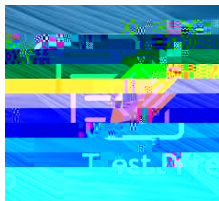
Most students take the SAT in their 11th grade year. However, some students do take it in their 10th grade year.

The purpose of the **SAT** is to measure a high school student's readiness for college, and provide colleges with one common data point that can be **used** to compare all applicants.

**The SAT covers Reading, Writing and Math**



Some colleges require or recommend that you take **SAT Subject Tests**, especially if you're applying to take specific courses or programs. [See a list of colleges that require, recommend, or consider Subject Tests.](#)



**Websites for SAT, ACT sign up & review:**

[www.collegeboard.com](http://www.collegeboard.com)

[www.actstudent.org](http://www.actstudent.org)

[www.kaplanreview.com](http://www.kaplanreview.com)

**An alternative to the SAT is the ACT** - Always check with the colleges you are thinking about to know what type of exam they want.

**The ACT covers English, Math, Reading and Science**

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cover

10th Grade  
Spring/Summer

# 10th Grade Spring/Summer Plan





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Make a college wish list together. Talk with your parent/guardian about qualities you may want in a college in terms of location, size, majors offered and so on. Check out [How to Find a College That Fits You](#) to learn more about deciding on college must-haves.



Summer is a great time to explore interests and learn new skills — and colleges look for students who pursue meaningful summer activities. Find out five ways to [stay motivated this summer](#).

**Get a part-time job**

**Work at a summer camp**

**Newburgh Summer Youth Employment** (*Applications available in the Spring*)

**Volunteer**

Start working on a resume! A resume is used for teachers to write college recommendations. It is also used when you need to report all of the things you've done throughout high school.

**Create a resume in Navian**

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## Career Resources

<https://www.careerzone.ny.gov/views/careerzone/index.jsf> - Career Zone is the place to explore careers related to your strengths, skills and talents.

<https://www.bls.gov/ooh/> - Occupational Outlook Handbook - Information on types of careers, what type of degree you need, the pay you might expect in a career field.

<https://www.usajobs.gov/> - Learn about and research jobs in the federal government.

<https://www.uppercampus.com/students> - Learn about different careers types. Look for the ap too!

<https://www.coolworks.com/>

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[Educaid](#): This Web site provides information on getting into college, the



**Your Counselor is**  
**ALWAYS**